



Hypospadias repair: Post-operative

What has happened?

Your son has had an operation for hypospadias.

He has had the hole for the urine moved to the tip of the penis, any significant bend in the penis straightened, and the skin wrapped around the penis to create a circumcised appearance.

What now?

Your child will be most likely going home with you on the day of the operation. He can eat and drink.

There is a dressing over the penis, with a small tube, which will drip urine into his nappy. This dressing is of gauze and waterproof adhesive. The dressing will become soaked with blood-stained fluid after the operation. This is normal.

Do I need to give any medicines?

Your child will be given antibiotics to take at home until the catheter is removed.

Give your child regular paracetamol (Panadol) 4 times per day for pain relief. You may also give ibuprofen (Nurofen), instead or in addition

DO NOT GIVE PAINSTOP OR ASPIRIN

After 1-2 days, give pain relief only as needed.

Can I bath my child?

Use a sponge to clean your child as needed on the day of the operation and the day after.

2-3 days after the operation, he will need a bath to soak off the dressing (see below).

After the dressing has been removed, salt baths 2-3 times per day will help keep the wound clean and dry. Add 2-3 handfuls of cooking salt in a baby bath. Use the salt baths until the penis looks dry.

What do I do with the dressing?

Put your child in a warm bath 2-3 days after the surgery and allow the dressings to soak for 15-20 minutes. The dressing should then peel off easily. The catheter will slide out.

When dressing your child after the bath, put a generous amount of Vaseline on the nappy opposite to the penis, to stop the nappy sticking.

Use Vaseline with every nappy change until wound loses its raw, shiny appearance.

The penis often looks very bruised and swollen immediately after the dressing comes off.

What next?

You will be sent an appointment for review at the urology clinic 4-6 weeks after surgery. The surgeon will check the wounds and try to answer any questions that you have. You will have another appointment 6 months after the surgery, which can be made at your post-operative visit.

Before the 6-month appointment, try watch your son doing a wee. It is useful to report on direction of stream, where it is coming from, and any drips or spraying.

If all is well, a final check at puberty is usually recommended.

When to worry, come back or call?

- If the catheter doesn't drain
- If your son develops fever $>38^{\circ}$
- If there is blood leaking out from the dressing

Come to Emergency, or call the paediatric surgical registrar through the Monash Children's Hospital switchboard 03 9594 6666